



EASTERN SUNS

2025



PARENTS GUIDE HANDBOOK EASTERN SUNS





TABLE OF CONTENTS

Introduction3

Mission Statement3

Eastern Suns Values3

WABL Overview4

WABL Season Information5

Player Guidelines.....9

Parent Guidelines12

Coach & manager Guidelines16

WABL Contacts19



INTRODUCTION

Kalamunda & Districts Basketball Association is represented in the Western Australian Basketball League (WABL) under the name Eastern Suns. This handbook has been developed to inform parents of our clubs' values, strategies, procedures and guidelines.

Should a situation arise that is not covered in this handbook, the WABL Director will consult with the Eastern Suns Management Committee to determine an outcome on a case-by-case basis.

MISSION STATEMENT

This handbook has been designed as a guide to what it means to play representative basketball for the Eastern Suns. Our goal is to deliver an organised and cohesive WABL program that is not only successful on the court but also allows development pathways for our players, officials, managers and coaches to reach their potential.

We work closely with Basketball WA (BWA) and strive to uphold our Eastern Suns club mission, vision and values:

Our Mission: Through Basketball, we **connect** and **inspire** our community to **achieve** and maximise their potential.

Our Vision: To be **valued** by our community and **respected** by our rivals.

EASTERN SUNS VALUES

Community

- We provide a family friendly environment
- We are a safe place where our members feel they belong
- We provide participation opportunities for all

Respect

- We play the game in the right spirit
- We respect our players coaches, team managers and volunteers
- We acknowledge the importance of the opposition and officials

Integrity

- We are transparent, honest and consistent
- We abide by the Association rules and show pride in our club
- We make decisions for the betterment of the association and our members

Excellence

- We strive for high performance
- We are forward looking, innovative and efficient
- We communicate and conduct ourselves with professionalism



WABL OVERVIEW

The Western Australian Basketball League (WABL) is WA's premier state-wide junior competition which develops players, coaches and officials. The league aims to meet the requirements of high-level competition through education and training, while promoting positive mental, physical and emotional outcomes.

COMPETITION STRUCTURE

WABL is a junior basketball competition catering for players in the following age groups: U12, U14, U16, U18, U20 Boys and U21 Girls. The U12, U14, U16 and U18 age groups are graded at the WABL grading tournament in February or March each year.

The WABL season generally starts on the last weekend of April with finals finishing at the end of September. Games are played on Sundays over an 18-week home and away season, where every team plays each other twice, plus three weeks of finals. The U20/U21 season is slightly shorter lasting 16 weeks of home and away games where every team plays their conference twice and opposite conference teams once, plus four weeks of finals.

The league is currently comprised of 13 basketball associations from both metropolitan and country regions extending from Joondalup to the Southwest.

The following clubs make up WABL:

- Cockburn Cougars
- East Perth Eagles
- Hills Raiders
- Kalamunda Eastern Suns
- Lakeside Lightning
- Mandurah Magic
- Perry Lakes Hawks
- Perth Redbacks
- Rockingham Flames
- Southwest Slammers
- Warwick Senators
- Joondalup Wolves
- Willetton Tigers

Eastern Suns WABL home games are played at Ray Owen Basketball Stadium. Away games will involve travel to any of the following: Eaton (Bunbury), Lakeside, Mandurah, Rockingham, Cockburn, Vic Park, Belmont, Mundaring, Willetton, East Perth, Floreat, Rockingham, Warwick or Wanneroo. For more information regarding venues please refer to the General Information section of this Handbook.



WABL SELECTION

WABL selections now take place early October and players trialling will be required to commit to 2024 State Championships and the 2025 WABL Season. An open “New to Suns” trial is open to any athlete that registers prior to the registration cut-off, and a small selection of these athletes will be invited into a second team selection trial. All selections are made with the best interest of the club and the team, including consideration of:

- Athletic ability, desire and dedication to become a player at the highest possible level
- Demonstrated attitude displaying excellent self-discipline and standards of personal behaviour
- Display a sense of “team ethic” within the group and within the club
- Outstanding desire and commitment to work hard at improving mental, physical and basketball skills
- Highly receptive to coaching and co-operative within the team environment
- Teams will be selected at the discretion of the coaches and mentors and will then be passed by the Eastern Suns WABL group prior to announcements
- Players must stand for selection in their own age-group. However, at times a player may play out of their age-groups if the club deems is in the best interests of the player’s development. This will be assessed by the WABL director and coaching staff on a case-by-case basis
- At the coach’s discretion and in consultation with the Eastern Suns WABL coordinators, teams may invite players who were not selected to join the team in a development role
- Development players are invited to train with the Team and thus develop and improve their skills and court play over the season. In general development players do not play in the games however at times over the season if there is an illness or injury a development player may be asked to play a WABL game
- Athletes that have played at a different association in the last 12 months will require a Clearance if selected in a Suns WABL or State Championship Team

DOMESTIC COMPETITION COMMITMENT

All U12 and U14 players are expected to play in the KDBA domestic competition. Non-compliance with this rule may impact on selection. Exemptions may be granted due to other commitments but must be requested from the WABL Director prior to the start of the Domestic competition.

WABL SEASON INFORMATION

The WABL season itself generally runs from April until September, however team grading, final team selection and pre-season training begins in January. Below you will find a breakdown of all the relevant information relating to the season along with our processes and expectations.

TEAM SELECTIONS

Team selections will be made by a selection panel comprising of the coaches from that age group along with the WABL coordinator for the age group and/or the WABL Director.

DEVELOPMENT PLAYERS AND MOVEMENT WITHIN TEAMS

Between State Champs selections and WABL Round 3, there may be movement of players between teams. Athletes should treat the entire State Champs and WABL pre-season as part of their WABL season trial. A player selected as a Development Player for State Champs may be elevated to a full playing position, while an athlete who plays in the State Champs could also be reassigned as a Development Player for the WABL season.



COACH SELECTIONS

Coach selections are made prior to trials and allocated to a specific age group only. Coaches are not allocated to teams until after player selections have been made.

Please note that team selections are final. If you have any queries regarding the selection process, please contact the WABL Director.

STATE CHAMPS TRAINING

State Champs training will commence October and run through to December, with training twice per week. Dates and times to be advised by your team manager or coach.

All players are expected to attend all training sessions.

TRAINING & GAME INFORMATION

Training days, time and location will be dependent on team selection and will be advised by your team manager or coach.

2024 BWA STATE CHAMPIONSHIP DATES

The 2024 BWA State Championships dates are:

16/17 November 2024 – U11 Boys & U13 Girls (Divisions 2–5) @ Bendat

23/24 November 2024 – U11 Girls & U15 Boys (Divisions 2–5) @ Bendat

30 November / 1 December 2024 – U13 Boys & U15 Girls (Divisions 2–5) @ Bendat & Warwick

7/8 December 2024 – U17 Boys, U17 Girls, U19 Boys & U20 Girls (Divisions 2–5) @ Bendat & Warwick

13/14/15 December 2024 – State Titles – All Championship Divisions across all age groups @ Bendat

COURT TIME

Court time is something that tends to occupy most parents' and players' thoughts after that first game or a couple of weeks into the season when expectations are different from reality.

What's fair? What's right? I've paid my fees – how come they get more court time? What's the club policy? It's a very tough topic to deal with and there is no simple answer. Representative basketball is an elite program and it is unavoidable that some players will play more than others. To develop a player, a team and a program, court time just can't be even. Why? Put simply, everybody is at a different stage of development!

Yes, they are of similar age; they have made a similar commitment to the season with time and finance. However, the coach must be able to use court time as both an incentive and as an opportunity to correct athletes. They also need to have the correct balance on the court to combat the opposition. Sometimes playing limited minutes is exactly what a player needs to develop in certain areas of seeing team mates' intensity, playing 'D', training, work ethic, punctuality, staying with the game plan etc. These all factor in on coaches' decisions.



The coach is attempting to develop and win (also a developmental step). Please also remember that coaches are giving freely of their time. Your child is playing in the elite competition in the state. All the best efforts and intentions by the coaches are to give all the players' court time, but sometimes situations do not allow this to happen. For further information on this please see our **development guide**.

Remember ALL coaches are very conscious of playing, or not playing, members of their team. They do not set out with the intention of not playing a player. Coaches will inevitably make decisions that we won't agree with all of the time. So, what can we do?

We have to realise that, as with most things in life, the only thing we can control if and when this situation arises, is what are YOU going to do? It is vital that in these instances, parents are supportive of the coach's decisions and encourage the child through these times. If you have any queries or questions on this, feel free to have a chat with your coach, but at a convenient time, not just before, during or straight after a game.

If you feel there is still an issue (after discussing the situation with the coach), please contact the WABL Director.

STATE CHAMPIONSHIPS FEES & COSTS

All WABL players are required to pay the following:

- Trials (Existing Suns): \$49
- Trials (New to Suns): \$59
- State Champs Fee: \$130
- Game Fee: No Costs

Uniform items:

Games:

- Suns WABL Game day shorts (Mandatory): \$50

Training:

- Suns WABL Game shorts (Expected): \$50
- Suns reversible training singlet (Mandatory): \$50

If your child wishes to wear a jumper or warmup top while warming up for a WABL game, it must be a Suns hoodie (\$60) or warm-up top (\$50)

TEAMPAY

For the WABL Season only, BWA have implemented Teampay for game day payments. Teampay is an online app which is used to make game day payments for players. Teampay instructions will be sent out at the beginning of the WABL season.



WABL SPONSORSHIP

WABL JERSEY SPONSORSHIP

MAJOR ADVERTISING EXPOSURE

- Logo placement on back of all team jerseys
- Logo placement on website
- Logo placement on 3 x WABL Polos
- Mention in Weekly WABL Wrap
 - and anywhere else the team is mentioned
 - with link to company website/social media

WABL TEAM BENEFITS

- Unique Jersey for sponsored teams
- Players names on jerseys
- Jersey is to be kept by the player

HOW TO GET INVOLVED

If you would like to sponsor one of our WABL teams for 2025 please contact Luke Sunderland

0483 030 242

luke.sunderland@sunsbasketball.com.au

PRICE

\$1725





UNIFORM

WABL players entering any basketball stadium to represent Eastern Suns must be wearing the approved Suns uniform. This includes Suns playing shorts, training top, warm up top or hoodie. Apparel that does not comply should be removed before entry to the venue on game day.

For WABL players, it is recommended to purchase:

Training: Suns WABL Game shorts (expected) and reversible training singlet (mandatory)

Gameday: Suns WABL Game shorts (mandatory)

Optional Suns gear (hoodies, socks, water bottles etc.) are available for purchase from the uniform shop or website.

PLAYER GUIDELINES

All players who are selected to represent Eastern Suns in the WABL competition are expected to:

- U12 and U14 must play in the KDBA domestic competition
- Wear Suns training singlet and shorts, mouthguard and bring a full water bottle to all training sessions
- Arrive at the playing venue at least 30 minutes prior to the start of the game (or as instructed by your coach)
- Be financial by the any due dates as set by Eastern Suns
- Reflect the Suns values at all times and abide by the BWA Player Code of Conduct
- Uphold Suns values during all training sessions, games and hold your teammates accountable to do the same
- Show up to training on time, with a positive attitude and ready to learn
- Notify your coach immediately, if you know you will be late or missing training/games. It is unacceptable to inform the coach on the day of unavailability unless it is a case of sudden illness. Do not attend training and games if contagious, to avoid passing onto others
- Respect all training and game venues and equipment
- Be open, coachable, dependable and self-motivated
- Be a great teammate (encourage others, respect others, acknowledge achievements and celebrate success)
- Be honest and trustworthy all of the time
- Show good sportsmanship on and off the court (show humility in winning and grace in defeat)

PLAYER CODE OF CONDUCT

All players should carefully read the following and always strive to comply with it.

- Play by the rules
- Develop a positive attitude towards your team-mates and coach (including body language)
- Never argue with a Referee or official
- Play to enjoy the game and improve your basketball skills
- Do not blame others or make excuses. Control your temper. Do not indulge in any verbal or physical abuse of a referee, official or any player – including yourself
- Treat all players as you would like to be treated. Do not distract, bully or take unfair advantage of another player



- Be a good sport and acknowledge all good efforts from your team
- Work equally hard for yourself and your team
- Co-operate with your coach, team-mates, referees, and opponents as, without them there be no game
- Be SPORT SAFE aware

PLAYER DISCIPLINARY ACTION

Any player not following the above guidelines, BWA Code of Conduct or acting against the Suns values will be subject to disciplinary action. For more information on our Disciplinary Committee Guidelines, please refer to the document on our website: <https://www.sunsbasketball.com.au/wp-content/resources/KDBA-Disciplinary-Committee-Guidelines-v2.0.pdf>

TECHNICAL FOULS & POOR SPORTSMANSHIP

The club does not tolerate poor sportsmanship. Players who receive a technical foul or display poor sportsmanship will be substituted immediately. The coach will decide whether this player may return to the game depending on the nature and severity of the incident. All incidents will be reported to the WABL Director for further action which may include community service or suspension from participating.

GENERAL BEHAVIOUR

If a player is continually disruptive at training and/or behaving in a manner that is affecting the wellbeing of the team, it will be reported to the WABL Director. The WABL Director will meet with the coach and parents to decide on further disciplinary action. For further information on our Disciplinary Committee Guidelines, please refer to the document on our website: <https://www.sunsbasketball.com.au/wp-content/resources/KDBA-Disciplinary-Committee-Guidelines-v2.0.pdf>

OFF COURT

Players that behave in a manner that negatively affects the Eastern Suns or KDBA will be reported to the WABL Director. The WABL Director will meet with the coach and parents to decide on further disciplinary action. For further information on our Disciplinary Committee Guidelines, please refer to the document on our website: <https://www.sunsbasketball.com.au/wp-content/resources/KDBA-Disciplinary-Committee-Guidelines-v2.0.pdf>

ZERO TOLERANCE POLICY

All participants representing the Eastern Suns in WABL competition must accept responsibility for their behaviour. The Eastern Suns reserve the right to ask any coach, manager, player, parent or spectator to immediately leave the venue should they:

- Wilfully question or challenge the rulings of the referees
- Berate or abuse referees
- Berate or abuse players
- Berate or abuse other parents or spectators
- Display conduct which is inappropriate in a sporting environment

No warnings will be given in the event of the above action becoming necessary. Any such ejection, or failure to leave the venue, will be referred to WABL Director which may result in further formal actions being put in place. The adoption of this Zero Tolerance policy has become necessary due to the reported instances of inappropriate



and abusive behaviour at competitions conducted by KDBA and BWA. Our desire is to nurture a safe competitive environment for all participants. We ask any person that feels they cannot refrain from the above unacceptable behaviour to not attend.

BASKETBALL WA PLAYER CODE OF CONDUCT

1. Understand and play by the rules.

Understanding and playing by the rules is your responsibility. The rules exist for the safety, proper order and enjoyment of all people involved in basketball. The lessons to be learned in this respect in basketball are lessons that can and should be carried over into all aspects of your lives. Do not ignore or deliberately break any rules. Even if you think that a deliberate foul may give your team an advantage, you should not commit the deliberate foul in the interests of fair play. If you do consistently commit deliberate fouls or break the rules you must accept that there will be consequences for you and your team. Do not let yourself or your team down.

2. Respect referees and other officials.

Referees and officials have a difficult task to perform and you could not play the game without them. They are there to enforce the rules of play but they cannot always be right. Accept bad calls graciously. Abuse of referees is unacceptable behaviour.

Players who consistently dispute decisions or do not accept bad decisions are bad sports. If you disagree with a decision, have your coach, captain or manager approach the referee during a break or after the game, in an appropriate manner.

3. Control your temper.

Verbal abuse of officials is a serious offence against the rules of basketball. Verbally abusing other players or deliberately distracting or provoking an opponent are also not acceptable or permitted in basketball. Loss of temper is not only unpleasant for other participants in the game, it can also distract you and have an adverse effect on your concentration and effectiveness on the court.

4. Work equally hard for yourself and for your team.

You owe it to yourself and others involved in your team to train and play to the best of your abilities. Your team's performance will benefit - so will you. If you are half-hearted about your involvement in the sport you will become dissatisfied and lose out on the much of the enjoyment and satisfaction you can derive from giving it your best.

5. Be a good sport.

Acknowledge all good plays whether they be by your team or the other team. Good manners and respect can be infectious. Everyone likes to be praised when they do something well. If you acknowledge the achievements of your opponents it is likely they will follow suit. Part of participation in sport is respect for all participants in the game. Your opponents are entitled to proper courtesy. Always introduce yourself to your opponents on court, congratulate them whether you win or lose and accept a loss gracefully. Remember that the opposition coach is there trying to do the best for their team and is also entitled to respect.

6. Treat all players as you would like to be treated.

Do not interfere with, bully or take unfair advantage of another player. Just because one of your team cannot perform as well as you do does not mean that they are not trying.

Everyone makes mistakes. Do not abuse or ridicule another player when a mistake is made. Constructive guidance and encouragement when a player does well will assist a player to improve their game.

7. Play for the "enjoyment of it" and not just to please parents and coaches.

Playing sport, including basketball, should be fun. This doesn't mean that you shouldn't take it seriously, just that at the same time you should enjoy it. If you enjoy an activity you will perform much better and derive far more benefit from it than if it is an unpleasant experience. You may experience pressure from your coach and parents and others to perform outside of your capability or desires. Whilst this can be a positive and their way of showing you support in your activities, you should resist it where it no longer is enjoyable.

8. Respect the rights, dignity and worth of every person.



Regardless of their gender, ability, cultural background, religion or other factor irrelevant to the game, all persons connected with basketball are entitled to equal treatment and respect. Avoid any remarks that could be construed as offensive or discriminatory. Sometimes even a joke may give offence. Even if a person refers to themselves with a particular label, it should not be taken as an invitation for you to do so. Using discretion is imperative and it is better to err on the side of caution.

9. Be prepared to lose sometimes.

Everyone wins and loses at some time. Be a fair winner and a good loser. Disappointment at losing is natural, but it should not be obvious to the point of being unpleasant for others. Just as unpleasant can be the boastful winner. Recognise that even in defeat, the loser has achieved something, just by playing. Not everything in life can be a winning situation. Losing can be an important learning experience for your wider life goals.

10. Listen to the advice of your coach and try to apply it at practice and in games.

Your coach has been appointed to coach your team because they have certain abilities and experience. They have also undergone training to ensure that you get the best coach that you can commensurate with your skill levels. Apart from skills training, your coach can provide you with helpful advice on all aspects of playing basketball. Make the most of the opportunity provided to you to work with your coach to have a happy and successful experience in basketball.

11. Always respect the use of facilities and equipment provided.

Facilities and equipment cost money and will only function properly if kept in good order. Ensure that you do not abuse anything provided for use. Do not engage in dangerous practices such as hanging off hoops or “slam dunking”. Quite properly, these practices are banned in most venues. Not only can equipment be damaged but serious injury can occur.

NBL1 COMMITMENTS

During the WABL season, each Suns team is expected to help with the running of at least 1 NBL1 game held at Ray Owen. This may include floor sweeping, providing water/towels to players and anything else required on the night. Team managers will advise of the roster for your team.

PARENT GUIDELINES

For many parents, this may be the first time that a member of their family will be involved with the Eastern Suns and this level of basketball. It's very important ALL parents support not only their child, but all of the players as well as the team and the coach. The experience will cost you some time, money, patience and understanding. We thank all our parents and appreciate the time, money and effort you put in so that your child can play representative basketball.

Your support is needed in the following areas:

- Getting your child to training regularly and on time
- Getting your child to the game 30 minutes before the game, properly dressed and fresh to play
- All parents are expected to help with the score duties over the season
- Helping to get other team members to the game if required
- Encouraging and supporting your son/daughter and the team in games
- If your child is injured, has contracted an illness, or will be absent from training for any other reason, the Coach and Team Manager is to be advised
- Recognise the value and importance of volunteer coaches. They give their time and knowledge and deserve your respect and support – don't be a knocker!
- Cheering and clapping all good plays
- Encourage your child to play within the rules and accept the referee's decision



- If you disagree with a coach, raise the issue at an appropriate time; preferably before or after training – not during or immediately after the game
- Support club decisions
- Refrain from discussing anything negative about your team in front of your children – keep it positive
- Be vocal in our support of our teams but refrain from making negative comments about the opposition, referees or other team members

PARENT INQUIRY PROCEDURE

There may be decisions that a Coach or the club makes that you do not understand or agree with. Appropriate communication is critical to make sure that issues are addressed. If you need to address an issue:

- Discuss the matter with the coach in private. Do not approach them in front of players or supporters. Consider doing it the following day, not during or immediately after a game or training as emotions may be high.
- If the issue is not resolved, contact the WABL Coordinator/Director via email or phone
- If it is an issue of a serious nature that negatively affects the Eastern Suns WABL program, please inform the Coach and the WABL Director in writing

BASKETBALL WA PARENTS CODE OF CONDUCT

1. Encourage children to participate for their own interest and enjoyment, not yours.

Support your children in their participation in basketball but do not force them to play if they don't want to. Sport is played by children for enjoyment and fitness. It is good for their bodies but should also be good for their minds. If they feel too much pressure from you it may make them rebellious or even depressed. It is very tempting for parents who are involved in a sport, or who have children with abilities they wish they had themselves to try and force the children to participate or to participate at a level to which they do not aspire. Resist the temptation.

2. Encourage children to always play by the rules.

Just as responsible parents teach their children to obey the law of the land, so should those same parents encourage their children to play sport by the rules. If your children show no respect for the rules of the game of basketball, they can also come to believe that breaking the law is acceptable too. If you see your children constantly breaching rules you should be prepared to speak to them at an appropriate time.

3. Teach children that an honest effort is always as important as a victory.

Your children will suffer many disappointments in their lives. You should teach them from an early age that whilst a win in basketball will bring them much pleasure, it is not the most important thing. Participating to the best of their abilities is far more important than winning. You can help them learn this, so that the result of each game is accepted without undue disappointment.

4. Focus on developing skills and playing the game. Reduce the emphasis on winning.

If children see that effort is rewarded by an increase in skills, they will derive considerable pleasure and see the importance of striving to improve over the necessity to win every game. Primary responsibility for skills training rests with the children and their coaches but you can assist with their enthusiasm by attending games, encouraging them to practise away from formal training and games and even joining in with this practice.

5. A child learns best by example. Applaud good play by all teams.

Acknowledge all good plays whether they be by your children's team or the other team. Good manners and respect can be infectious. If you acknowledge the achievements of your children's opponents, it is likely your children will follow suit. This can assist to create a positive and supportive climate for all children involved in the game.

6. Do not criticise your or others' children in front of others.

Reserve constructive criticism of your own children for more private moments. Children can be very sensitive and feel strong humiliation if they are criticised in front of their peers. When you do feel the necessity to speak to your



child about something that displeases you, make the effort to explain what the problem is and why you are concerned about it. If you can see some way of avoiding the problem in the future, also explain this to the children. Give your children an opportunity to offer you an explanation. You are not communicating with your children effectively if all the communication is one way.

7. Accept decisions of all referees as being fair and called to the best of their ability.

Referees and officials have a difficult task to perform and your children could not play the game without them. They are there to enforce the rules of play but they cannot always be right. Accept bad calls graciously. Abuse of referees is unacceptable behaviour. Players who consistently dispute decisions or do not accept bad decisions are bad sports. If you disagree with a decision, discuss it with your children in a constructive manner.

8. Set a good example by your own conduct, behaviour and appearance.

Children often learn by example. You are the prime role models for them. Make your parenting rewarding and beyond criticism by leading by example. Do not criticise opposing team members or supporters by word or gesture. Accept loss graciously and applaud the efforts of all playing the game. Do not be one of the “ugly” parents occasionally seen at sporting events.

9. Support all efforts to remove verbal and physical abuse from sporting activities.

Parents have considerable influence in how sports are conducted. Often they are called on to perform volunteer work to help organise their and others’ children’s’ activities. Use this rewarding experience, not just to assist in getting the necessary work performed, but also to influence the atmosphere in which your children play the sport. Children not as fortunate as yours whose parents are not willing or able to be involved may need some guidance on what is or isn’t acceptable behaviour.

10. Respect the rights, dignity and worth of every person.

Regardless of their gender, ability, cultural background, religion or other factor irrelevant to the game, all persons connected with basketball are entitled to equal treatment and respect. Avoid any remarks that could be construed as offensive or discriminatory.

Sometimes even a joke may give offence. Even if a person refers to themselves with a particular label, it should not be taken as an invitation for you to do so. Using discretion is imperative and it is better to err on the side of caution. Your children will most likely follow your lead in matters of discrimination and vilification.

11. Show appreciation for volunteer coaches, officials and administrators.

Volunteers are necessary for the functioning of sporting activities. Without them, your child could not participate. Whilst many are parents of people involved in the sport, many are also people dedicated to the sport and its development. Show them the respect and appreciation that they deserve.

12. Keep children in your care under control.

Basketball encourages you to bring your children to games. However, there can be dangers to them in a basketball stadium. They can also constitute a danger to players.

You should ensure that children with you at a basketball game are well behaved and do not wander onto or too near to courts. They can easily be knocked down by a player or a player can trip over a child when concentrating on the play and not expecting a small child to be in the way.

13. Always respect the use of facilities and equipment provided.

Facilities and equipment cost money and will only function properly if kept in good order.

Ensure that you do not abuse anything provided for use. Discourage your children from engaging in dangerous practices such as hanging off hoops or “slam dunking”. Quite properly, these practices are banned in most venues. Not only can equipment be damaged but serious injury can occur.

SCORE TABLE DUTY

One person is required from each team to perform the score table duties. One operates Courtside Scoring (Away Team) while the other is the timekeeper (Home Team) and keeps the electronic scoreboard up to date.

Speak the information aloud during scoring so that your fellow score table official agrees with you. If unsure or a mistake has been made, at the first opportunity when the clock is stopped, sound the horn and clarify with referee.



Ensure that the horn is sounded at the appropriate time following requests for a time out by a coach or substitutions by players. Time out and substitution requests must be made through the score table who will signal the referees when the clock stops at the end of a play phase or before the referee is in position to put the ball in play.

Substitutions may be made by either team when a referee calls a jump ball or a foul or a time out. On a violation (travel, 3 seconds, out of court, etc) only the team granted possession can make a substitution. Once this is granted the other team may also substitute. Substitutions can also be requested and granted if the game is held up for reasons such as retrieving the ball from another court, wiping the floor or checking the score sheet.

A time out can be granted to either team when a referee calls a jump ball, side ball, foul or during a delay in the game. A time out can only be granted after a field basket to the team now in possession. It is important the clock is stopped, and the horn sounded immediately after the basket.

At time outs and other breaks check that the running score and the score board agree with the sum of the individual scores both teams. If there is a discrepancy notify the referees.

The Tablet scoring is the official record of the game, so the result could depend on the Scorer's accuracy in recording. The Scorer records:

- Players' individual points scores in each quarter
- Each team's running total score is automatically updated
- Player's personal fouls
- Number of timeouts taken by each team in each quarter

The final scores of the game need to be confirmed and signed off by the referee at the conclusion of the game on the Stadium Scoring laptop.

ALL PARENTS ARE EXPECTED TO DO SCORE TABLE DUTY OVER THE SEASON

The team manager will organise a scoring roster prior to the start of season.

BASKETBALL WA SPECTATORS CODE OF CONDUCT

1. Remember that most people play sport for enjoyment.

People are not playing basketball for the entertainment of spectators nor are many of them professionals. You should be watching basketball for your own enjoyment and to show support for those playing. Help the players to enjoy their game. Applaud good performances from each team. Congratulate all players regardless of the outcome.

2. Accept decisions of all referees as being fair and called to the best of their ability.

Referees and officials have a difficult task to perform. You would not have a game to enjoy without them. They are there to enforce the rules of play but they cannot always be right. Accept bad calls graciously. Abuse of referees is unacceptable behaviour.

Spectators who consistently dispute decisions or do not accept bad decisions are bad sports. If you disagree with a decision, accept it graciously – you cannot change it.

3. Always be positive in your support for players.

Never ridicule or shout at a player, particularly a young player for making a mistake during competition. Positive support for players will offer encouragement to them and most likely spur them to better things on the court.

**4. Condemn the use of violence in any form.**

Never encourage players to engage in violence or engage in it yourself. Violence has no place in basketball and strong action should be taken to discourage it.

5. Respect your team's opponents, officials and spectators.

Without your team's opponents, there would be no game. Their supporters are there to enjoy the game as much as you are. Light-hearted banter with an opposing spectator can add a further element of fun to a game. Conversely, nasty or inappropriate behaviour or remarks will seriously detract from it.

6. Encourage players to obey the rules and to accept decisions of officials.

Often players can get carried away when spectators become enthusiastic or heated over an issue. This can be a positive, but it can also be negative when it involves such behaviour as disputing decisions. Always encourage players to obey the rules and do not dispute referees' decisions.

7. Demonstrate appropriate social behaviour by not using foul language or harassing players, coaches or officials.

Anti-social behaviour such as foul or abusive language has no place in basketball. If others engage in it, just ignore them – they will soon tire of it if they get no reaction. Alternatively, ask them politely to desist. If it continues and it is serious, bring it to the attention of an official.

8. Respect the rights, dignity and worth of every person.

Regardless of their gender, ability, cultural background, religion or other factor irrelevant to the game, all persons connected with basketball are entitled to equal treatment and respect. Avoid any remarks that could be construed as offensive or discriminatory.

Sometimes even a joke may give offence. Even if a person refers to themselves with a particular label, it should not be taken as an invitation for you to do so. Using discretion is imperative and it is better to err on the side of caution.

9. Keep children in your care under control.

Basketball encourages you to bring your children to games. However, there can be dangers to them in a basketball stadium. They can also constitute a danger to players. You should ensure that children with you at a basketball game are well behaved and do not wander onto or too near to courts. They can easily be knocked down by a player or a player can trip over a child when concentrating on the play and not expecting a small child to be in the way.

10. Always respect the use of facilities and equipment provided.

Facilities and equipment cost money and will only function properly if kept in good order. Ensure that you do not abuse anything provided for use. Do not encourage players to engage in dangerous practices such as hanging off hoops or "slam dunking". Quite properly, these practices are banned in most venues. Not only can equipment be damaged but also serious injury can occur.

COACH & MANAGER GUIDELINES

Team Coaches are appointed by the Eastern Suns. Their role begins at the try-outs where players from the Suns affiliated junior clubs and other interested players compete for selection. The team selection is primarily the coach's prerogative, but also involves the other coaches where there are two or more divisions in the age group, along with the WABL Coordinators.

As a general rule, players are to play in their correct age group division, but there can be exceptions upon application. Coaching representative teams require different strategies than a normal club match. This is an elite competition in which Eastern Suns teams are matched against the best of other major associations whose coaches and players are out to win every game. The Coach needs to develop their coaching skills to be aware of the opposition coaches' plays (such as which offence or defense is employed), and then use their players and game play to their best advantage.



Court time will be decided by the coach and will depend upon player's abilities such as attitude, training performance, and the ability to follow instructions, the game plan, the opposition and the situation during the game. The club's philosophy is "coach to make the play-offs and then coach to win the finals". This means that some qualifying games may be lost while developing the team and giving all players experience. In the finals and other critical games, the coach may decide to only rest key players when they are tired or in foul trouble.

Coaches are expected to:

- NOT be excessive in their demands on young players
- Set a good example and earn the respect of their players
- Teach their players respect for officials and opponents – after the game, be seen thanking the referees, score bench and the opposing coaches and ensure that the players acknowledge the other team
- Make a personal commitment to keep informed on sound coaching techniques, and issues related to the growth and development of children
- Be aware of SPORT SAFE practices for the prevention of injury
- Dress appropriately by wearing a Suns polo during games and training sessions to reflect the professionalism of the club
- Comply with the 2025 Coaches Agreement signed at the beginning of the 2024 State Champs/ 2025 WABL season.

Coaches should agree to abide by the BWA Code of Conduct, Zero Tolerance Policy and the Club Social Media Policy. All coaches must comply with the requirements under the WA Children Protection Act 1998 and be aware of the Coaches Code of Ethics that has been adopted and endorsed by the Australian Sports Commission. Coaches and Team Managers must comply with the 2025 Coaches Agreement and Safeguarding Children and Young People Guidelines

COACHES CODE OF CONDUCT

1. Remember that basketball is about personal enjoyment, personal development, self-discipline and playing as part of a team
2. Be reasonable in your demands and focus on your players' strengths. When criticism is necessary, be clear in your expectations and use respectful language
3. Consider the age and development of your players when managing expectations
4. Are encouraged to play all team members where appropriate
5. Develop team respect for the ability of opponents including their coaches
6. Instil in your players respect for officials and an acceptance of their judgement
7. Be prepared to lose sometimes and to teach your team to lose with dignity
8. Act responsibly when players are ill or injured to ensure players' health and wellbeing are protected
9. Appreciate that player's self-esteem needs to be boosted wherever possible. All players have something to offer the team
10. As well as imparting knowledge and skills, promote desirable personal and social behaviours. You are a role model, so lead by example, as your players will look up to you
11. Respect physical boundaries with players and be aware not to use physical contact that may violate personal boundaries
12. Respect the rights, dignity and worth of every player, including those in opposition teams
13. Discriminatory comments against gender, ability, cultural background, or religion, is unacceptable and may result in disciplinary action



MANAGERS GUIDELINES

The Manager's role is to ensure the smooth running of the team and to solve any problems that may divert the coach from his primary job of coaching. Regular attendance at training, while not mandatory, helps the manager to get to know the players and sort out any problems that may occur (transportation, collecting fees etc.)

Managers should also:

Pre-season

- Prepare a team list with contacts and distribute it to all team members and the coach
- Create a scoring roster for the season. (All parents are expected to help with scoring duties)
- Be responsible for singlets and any other items as distributed to you at the beginning of the season

Before each game

- Advise the team of any changes in training sessions, game times etc
- Pass on any important information from Eastern Suns
- Select all players taking to the court and take payment via the Teampay app and finalise payment to venue.
- Hand out playing singlets
- On scoring computer select all team members who are playing and ensure numbers are correctly allocated
- Check players are wearing correct uniform and mouthguards and are not wearing any jewellery, watches etc
- Check water bottles are full.

During the game

- Ensure water bottles are filled after the breaks
- Wipe up spills as needed
- Arrange First Aid if needed – all stadiums should have a dedicated First Aid Officer on duty
- Ensure that only team members, coach and manager sit on the bench

After the game

- Collect all playing singlets and wash before the next game
- Clear the bench area and collect any gear left behind. Remind team members to collect any rubbish and dispose of before leaving the area
- With younger players ensure they are collected by parents or an appointed guardian

End of season

- Return, clean playing singlets and any other item you were given for the team to Eastern Suns



WABL CONTACTS

WABL is a large operation and takes many people for it to function smoothly. If you have a query or concern your first point of contact should always be your team manager/coach.

If your query cannot be resolved then the next step is to contact the appropriate coordinator.

WABL CONTACTS

WABL Director

Lawrence West
0421 696 253

lawrence.west@sunsbasketball.com.au

WABL Coordinator

Tanya Prior

tanya.prior@sunsbasketball.com.au



WABL VENUES

BUNBURY

Southwest Slammers
Eaton Recreation Centre
Recreation Drive
Bunbury WA 6232 Tel: 08 9724 1400

GLEN FORREST

Hills Raiders
Mundaring Arena
180 Thomas Road
Glen Forrest WA 6021 Tel: 08 9295 3714

JOONDALUP

Joondalup Wolves
HBF Arena
21 Kennedy Drive
Joondalup WA 6027 Tel: 08 9300 3355

MANDURAH

Mandurah Magic
Mandurah Aquatic & Recreation Centre
303 Pinjarra Road
Mandurah WA 6210 Tel: 08 9534 7908

MIRRABOOKA

East Perth Eagles
Herb Graham Recreation Centre
38 Ashbury Cres
Mirrabooka WA 6061 Tel: 08 9205 7320

ROCKINGHAM

Rockingham Flames
Mike Barnett Sports Complex
Dixon Road
Rockingham WA 6168 Tel: 08 9528 5488

WARWICK

Warwick Senators
Warwick Leisure Centre
Corner of Warwick and Wanneroo Roads
Warwick WA 6024 Tel: 08 9247 2266

FLOREAT

Perry Lakes Hawks
Bendat Basketball Centre
201 Underwood Ave
Floreat WA 6014 Tel: 08 96272 0705

HAMILTON HILL

Cockburn Cougars
Wally Hagan Stadium
8 Starling Street
Hamilton Hill WA 6163 Tel: 08 93359101

LESMURDIE

Eastern Suns
Ray Owen Sports Centre
96 Gladys Road
Lesmurdie WA 6076 Tel: 08 9291 7600

MORLEY

East Perth Eagles
Morley Sport and Recreation Centre
Cnr Wellington & Mancini Street
Morley WA 6062 Tel: 08 9375 3529

NORTH LAKE

Lakeside Lightning
Lakeside Recreation Centre
Corner of Bibra Drive & Farrington Road
North Lake WA 6163 Tel: 08 9310 7700

VICTORIA PARK

Perth Redbacks
Leisure Life
34 Kent Street EAST
Victoria Park WA 6101 Tel: 08 9472 8110

WILLETTON

Willetton Tigers
Willetton Stadium
Burrendah Boulevard
Willetton WA 6155 Tel: 08 9310 3388